

# Pulkveža O.Kalpaka 11. piemiņas kauss Cross Country

## Irlava

Starts: 2016.11.05. 12:48

Vieta	Vārds	#	Valsts	Klase	Apļi		Laiks	Vidējais ātrums			
1.	Vytautas Bučas	198	LIT	E	17		1:32:11.9	42,6			
			5:18.7	5:18.8	5:23.2	5:26.8	5:11.7	5:23.8	5:28.8	5:33.3	5:23.8
			6:18.2	5:13.0	5:24.1	5:15.5	5:24.8	5:21.9	5:27.0	5:17.6	
2.	Jānis Vinters	6	LAT	E	17		1:32:56.8	42,2			
			5:22.7	5:26.3	5:07.2	5:22.0	5:24.7	5:22.6	5:24.7	5:28.0	5:25.4
			6:01.2	5:33.1	5:33.0	5:04.9	5:11.6	5:43.3	5:18.9	6:06.6	
3.	Einārs Vinters	21	LAT	Seniori	16		1:30:45.0	40,7			
			5:36.4	5:37.5	5:34.3	5:38.5	5:32.1	5:29.9	5:40.1	5:33.8	5:59.6
			5:43.7	5:43.7	5:12.6	5:34.7	5:47.1	5:51.3	6:08.9		
4.	Raivis Eikmanis	285	LAT	E	16		1:31:58.2	40,2			
			5:50.4	5:38.6	5:21.4	5:38.2	5:35.9	5:36.2	5:43.7	5:36.1	5:40.6
			5:32.6	6:29.6	5:03.6	6:29.1	5:23.8	5:50.6	6:27.0		
5.	Gints Bērziņš	135	LAT	E	16		1:33:23.8	39,6			
			5:58.6	5:51.4	5:50.7	5:45.3	5:49.3	5:40.8	6:11.3	5:53.6	5:41.6
			6:05.1	5:54.8	5:10.1	5:14.0	5:58.7	5:56.6	6:21.2		
6.	Mareks Zolmanis	295	LAT	Hobby	16		1:34:12.2	39,2			
			5:33.5	5:37.1	5:34.4	5:56.8	5:32.2	5:36.3	5:44.5	5:45.5	5:42.4
			6:35.0	6:01.2	6:02.5	6:11.6	6:06.8	6:04.5	6:07.2		
7.	Atis Gromovs	37	LAT	Hobby	15		1:30:23.8	38,3			
			6:01.8	5:46.3	5:43.7	5:52.1	5:38.8	5:48.1	6:02.2	6:04.9	5:56.3
			6:00.3	6:42.9	6:38.1	6:23.9	6:09.5	5:34.3			
8.	Rolands Bleidels	214	LAT	E	15		1:31:19.6	37,9			
			6:00.4	5:56.0	5:38.2	6:04.0	5:45.0	6:03.7	6:23.0	6:45.1	6:03.8
			6:13.7	5:46.1	5:54.2	5:56.5	5:43.2	7:06.1			
9.	Andris Hohlačovs	18	LAT	Hobby	15		1:32:05.1	37,6			
			6:05.3	5:52.6	5:51.8	6:00.0	5:56.9	6:03.0	6:10.7	6:11.2	6:49.9
			5:54.1	6:19.7	5:49.5	5:53.8	5:56.3	7:09.6			
10.	Jānis Freimanis	61	LAT	Hobby	15		1:33:19.8	37,1			
			6:15.5	6:02.3	6:05.6	5:58.4	6:00.2	6:32.5	6:16.1	6:18.3	6:24.0
			6:17.9	5:40.7	5:50.2	6:42.5	6:23.1	6:31.6			
11.	Juris Hmaruks	705	LAT	E	15		1:33:24.1	37,1			
			6:08.8	6:19.2	6:10.6	6:22.5	5:50.3	6:22.5	6:47.0	5:55.8	6:26.0
			6:10.3	5:38.7	5:42.8	6:49.2	6:23.3	6:16.7			
12.	Kristaps Kalējs	53	LAT	E	15		1:34:34.7	36,6			
			6:11.4	5:59.1	5:37.2	5:58.2	5:45.1	8:14.8	6:08.5	7:21.9	6:19.0
			6:27.4	5:18.5	5:43.6	6:13.9	5:53.0	7:22.4			
13.	Juris Deičmanis	67	LAT	Seniori	15		1:36:10.3	36,0			
			6:48.8	6:21.7	6:24.2	6:03.8	6:11.6	6:32.4	6:17.5	6:23.7	6:20.2
			6:19.4	5:47.0	6:28.4	5:48.2	6:50.5	7:32.2			
14.	Uldis Skujiņš	1	LAT	E	14		1:30:59.1	35,5			
			6:16.6	6:07.6	6:21.1	6:36.1	6:27.5	6:36.9	6:38.7	6:16.0	6:45.5
			6:34.0	6:04.1	6:15.4	6:43.6	7:15.5				
15.	Aleks Videnieks	22	LAT	E	14		1:32:27.8	35,0			
			6:17.0	7:09.3	6:17.5	5:57.0	6:39.0	6:36.1	6:19.0	6:22.8	6:29.3
			7:47.0	6:27.4	6:27.5	5:54.0	7:44.2				
16.	Māris Sņķers	55	LAT	Seniori	14		1:33:55.8	34,4			
			6:46.8	6:27.8	6:27.9	6:31.0	6:44.4	6:34.3	6:31.6	6:26.2	7:50.2
			6:39.9	6:01.4	6:06.8	6:40.2	8:06.8				
17.	Uldis Veidenieks	2	LAT	Seniori	14		1:34:31.7	34,2			
			6:47.7	6:39.3	6:48.4	6:32.2	6:37.3	6:52.9	6:48.3	6:56.5	6:52.1
			6:21.5	6:23.7	7:12.0	6:50.2	6:48.9				
18.	Aivars Šilfs	500	LAT	Seniori	13		1:30:02.6	33,4			
			7:16.6	6:38.9	6:23.3	6:30.2	6:53.4	6:42.4	6:47.9	6:47.9	6:53.4
			6:43.9	7:02.5	7:12.9	8:08.6					
19.	Valdis Mednis	23	LAT	Seniori	13		1:36:12.0	31,2			
			7:30.3	7:09.2	7:11.4	7:19.2	7:04.6	7:15.2	7:08.5	7:18.0	7:04.6
			7:08.5	7:50.3	7:20.1	8:51.5					



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Vieta	Vārds	#	Valsts	Klase	Apļi		Laiks	Vidējais ātrums					
					7:53.9	6:31.6	6:29.8	6:48.2	6:27.2	7:46.0	6:34.5	6:38.6	7:13.4
42.	Edgars Pšihodskis	223	LAT	C	9		1:02:32.1	33,2					
					8:37.7	6:57.2	6:39.2	6:37.8	6:43.0	6:47.2	6:24.8	6:59.1	6:45.7
43.	Arnis Zdanovskis	377	LAT	C	9		1:02:41.2	33,2					
					7:48.8	6:08.6	6:30.4	6:26.0	6:50.5	9:43.9	6:08.9	6:26.8	6:36.9
44.	Jānis Spundiņš	11	LAT	C	9		1:03:34.6	32,7					
					7:43.8	6:47.8	6:45.4	6:46.1	6:51.3	7:10.8	7:09.7	7:14.1	7:05.0
45.	Gatis Šusts	58	LAT	C	9		1:03:35.7	32,7					
					7:25.7	7:11.7	6:32.8	7:12.0	6:51.1	6:41.8	6:41.6	7:17.2	7:41.3
46.	Kristaps Kūlītis	799	LAT	C	9		1:03:51.5	32,6					
					8:49.1	6:57.5	7:13.6	6:55.2	6:44.7	6:51.6	6:37.9	6:46.7	6:54.7
47.	Helmuts Rozentāls	764	LAT	C	9		1:04:31.6	32,2					
					8:53.4	7:05.9	6:58.5	6:42.3	6:57.2	7:00.4	6:56.4	7:07.4	6:49.7
48.	Ilmārs Miķelsons	24	LAT	Veterāni	9		1:04:42.2	32,1					
					8:00.0	6:45.4	7:06.1	6:59.7	6:41.7	7:23.3	6:58.4	7:11.5	7:35.6
49.	Gundars Timbra	69	LAT	C	9		1:04:43.7	32,1					
					8:29.2	6:34.6	6:29.0	7:24.0	6:57.5	7:04.9	7:09.1	7:30.3	7:04.5
50.	Didzis Grasmanis-Laše	10	LAT	C	9		1:04:52.2	32,0					
					8:27.0	6:52.9	7:03.5	7:06.7	7:11.5	7:16.4	6:51.1	7:06.1	6:56.6
51.	Jānis Ivanovs	8	LAT	C	9		1:05:00.0	32,0					
					8:44.8	7:03.8	8:31.2	6:38.8	6:43.6	6:44.8	6:47.3	6:53.7	6:51.6
52.	Arnis Jūrmalis	771	LAT	C	9		1:05:48.8	31,6					
					8:33.7	7:23.8	7:05.3	6:59.8	6:57.8	6:55.2	7:12.0	7:30.2	7:10.5
53.	Kārlis Catlaks	89	LAT	C	9		1:06:02.7	31,5					
					7:56.7	7:09.0	6:48.8	7:07.1	7:00.7	7:59.7	7:08.1	7:29.7	7:22.5
54.	Ivo Miķelsons	713	LAT	C	9		1:06:09.9	31,4					
					9:01.6	7:23.1	6:48.4	6:58.9	7:02.6	7:06.6	7:14.4	7:05.2	7:28.7
55.	Ingus Liparts	334	LAT	C	9		1:07:05.8	31,0					
					7:55.6	6:45.7	6:48.8	8:35.6	7:27.6	7:04.4	7:03.3	8:13.6	7:10.8
56.	Artūrs Štēve	29	LAT	C	8		1:00:07.4	30,7					
					8:37.0	7:00.0	7:09.6	7:10.5	6:56.2	6:54.1	8:53.5	7:26.2	
57.	Daniels Zauka	30	LAT	C	8		1:00:28.5	30,6					
					8:40.6	7:04.0	6:46.4	8:11.9	7:26.2	7:29.6	7:19.8	7:29.7	
58.	Ģirts Roļskijs	42	LAT	C	8		1:00:29.6	30,5					
					9:03.4	6:58.5	7:03.0	7:33.0	7:36.3	7:04.8	7:03.0	8:07.3	
59.	Andris Eihmanis	582	LAT	C	8		1:00:35.2	30,5					
					8:34.8	7:03.3	7:17.0	6:54.4	7:51.7	7:28.7	7:28.0	7:57.0	
60.	Mārcis Knūts	71	LAT	C	8		1:00:38.2	30,5					
					8:47.1	7:03.1	7:11.2	7:29.9	7:52.4	7:28.2	7:26.3	7:19.7	
61.	Uģis Vilnītis	5	LAT	C	8		1:01:38.7	30,0					
					7:54.8	6:48.6	7:23.8	6:59.1	7:32.6	7:49.7	9:38.8	7:31.0	
62.	Jānis Čablis	324	LAT	C	8		1:01:47.7	29,9					
					8:48.6	7:09.9	7:05.4	7:10.9	7:29.7	8:37.1	7:30.4	7:55.5	
63.	Gatis Zolmanis	34	LAT	RETRO	8		1:02:11.8	29,7					
					8:43.6	6:55.7	7:06.0	8:22.7	8:07.6	8:03.0	8:12.5	6:40.5	
64.	Dainis Rags	25	LAT	C	8		1:03:13.0	29,2					
					8:55.6	7:32.3	7:32.9	7:40.2	8:42.3	6:10.2	8:55.5	7:43.7	
65.	Arnis Donis	161	LAT	C	8		1:03:37.7	29,0					
					9:28.4	7:20.8	7:35.8	7:32.0	7:48.1	7:54.2	7:56.2	8:01.7	
66.	Aleksandrs Markovs	951	LAT	Veterāni	8		1:04:06.3	28,8					
					8:36.0	6:57.1	10:28.0	8:29.9	7:39.1	7:16.5	7:23.8	7:15.5	
67.	Oļegs Akulis	829	LAT	C	8		1:04:48.2	28,5					
					8:42.4	8:09.8	7:30.5	7:46.6	7:54.9	8:10.3	8:18.0	8:15.4	

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68.	Dainis Štērs	3	LAT	C	8		1:05:55.8	28,0					
					9:46.2	7:12.9	7:45.7	7:27.1	9:34.2	7:48.3	8:34.6	7:46.4	
69.	Edgars Liliensšteins	85	LAT	C	8		1:06:12.9	27,9					
					9:24.9	7:48.8	7:48.8	7:50.4	8:12.3	8:28.5	8:20.0	8:18.9	
70.	Jānis Leitāns	408	LAT	RETRO	8		1:06:20.7	27,9					
					9:07.5	7:57.3	7:58.6	7:55.4	8:11.8	8:19.4	8:15.3	8:35.1	
71.	Kaspars Gulbis	276	LAT	C	8		1:06:25.0	27,8					
					9:08.3	7:32.7	7:37.3	8:42.5	8:26.3	9:00.2	8:08.4	7:49.0	
72.	Armands Cirčenis	108	LAT	C	8		1:07:17.8	27,5					
					7:58.5	6:54.4	6:59.4	9:46.1	10:19.4	8:56.1	8:20.9	8:02.4	
73.	Kristaps Giertmanis	155	LAT	C	8		1:07:44.0	27,3					
					8:41.9	7:21.3	7:43.8	7:37.9	8:57.2	8:46.9	9:01.3	9:33.2	
74.	Aivars Rutkis	137	LAT	RETRO	8		1:08:34.2	27,0					
					9:15.9	8:08.0	7:42.8	8:29.1	8:25.5	8:16.0	8:38.0	9:38.5	
75.	Jānis Ārnieks	7	LAT	C	7		1:00:24.9	26,8					
					9:32.3	8:27.9	7:57.4	8:25.4	8:33.7	8:43.3	8:44.6		
76.	Uģis Šalts	222	LAT	MINI MX	7		1:02:48.3	25,7					
					10:51.0	8:17.3	8:06.9	8:25.0	8:52.9	10:15.3	7:59.5		
77.	Mareks Daniļevičs	65	LAT	C	7		1:03:26.0	25,5					
					10:26.5	7:18.5	8:00.1	8:16.6	11:27.7	9:02.6	8:53.7		
78.	Kristers Blūms	123	LAT	C	7		1:05:52.1	24,5					
					9:34.3	8:08.1	8:39.0	8:53.5	10:34.6	10:53.0	9:09.4		
79.	Mārtiņš Gauračs	793	LAT	C	7		1:10:09.8	23,0					
					10:34.8	8:43.1	8:51.5	10:15.3	9:43.4	9:56.4	12:05.2		
80.	Aivils Štoss	101	LAT	Veterāni	6		1:00:30.3	22,9					
					9:31.2	8:20.6	9:13.2	10:31.4	11:44.5	11:09.2			
81.	Toms Vanadžiņš	277	LAT	MINI MX	6		1:08:56.4	20,1					
					11:44.1	8:52.9	8:50.1	10:36.1	17:19.0	11:34.0			
82.	Rišars Vēveris	43	LAT	Seniori	9		1:00:32.6	34,3			izstājies		
					6:39.2	6:33.4	6:32.0	6:27.6	6:47.5	6:51.1	7:05.0	6:37.0	6:59.3
83.	Armands Keišs	50	LAT	C	7		0:47:11.2	34,3			izstājies		
					8:54.0	6:37.0	6:17.8	6:08.9	6:21.0	6:26.2	6:25.9		
84.	Andis Kronbergs	981	LAT	C	6		0:40:07.7	34,5			izstājies		
					7:30.9	6:46.6	6:18.2	6:15.1	6:33.0	6:43.7			
85.	Mārtiņš Zauka	47	LAT	C	6		0:43:02.7	32,2			izstājies		
					8:41.4	7:00.2	6:50.5	6:45.4	7:02.0	6:42.9			
86.	Romus Latakaitis	220	LAT	Seniori	5		0:33:49.0	34,2			izstājies		
					7:05.2	6:46.3	6:38.3	6:36.5	6:42.5				
87.	Mārtiņš Lācis	157	LAT	RETRO	5		0:44:17.1	26,1			izstājies		
					12:31.6	7:21.7	8:08.7	8:46.1	7:28.7				
88.	Kaspars Atiķis	94	LAT	C	4		0:31:15.1	29,6			izstājies		
					8:38.4	7:47.4	7:33.9	7:15.2					
89.	Jānis Griblo	17	LAT	C	4		0:36:11.8	25,5			izstājies		
					11:07.9	6:40.4	7:16.3	11:07.1					
90.	Sandis Kristāls	307	LAT	RETRO	4		1:32:12.3	10,0			izstājies		
					9:10.6	8:36.0	7:52.7	6:32.9					
91.	Guntis Mičuļš	995	LAT	C	1		0:08:22.5	27,6			izstājies		
					8:22.5								