

# Pulkveža O.Kalpaka 10. piemiņas kauss Cross Country

## Irlava

Starts: 2015.11.07. 11:43

Vieta	Vārds	#	Valsts	Aplī	Laiks	Vidējais ātrums								
<b>Klase: E</b>														
<b>1.</b>	<b>Edgars Siliņš</b>	<b>86</b>	<b>LAT</b>	<b>21</b>	<b>1:33:19.5</b>	<b>48,6</b>								
						4:19.5	4:20.9	4:22.7	4:19.5	4:20.4	4:33.9	4:20.3	4:21.1	4:25.5
						4:20.4	4:20.5	4:25.4	4:57.8	4:25.9	4:25.2	4:26.5	4:32.2	4:29.2
						4:26.9	4:36.0	4:28.8						
<b>2.</b>	<b>Vairis Aļeksējvs</b>	<b>193</b>	<b>LAT</b>	<b>20</b>	<b>1:30:31.1</b>	<b>47,7</b>								
						4:20.9	4:21.8	4:22.0	4:19.8	4:20.8	4:21.9	4:26.5	4:22.9	5:12.7
						4:38.7	5:05.5	4:26.7	4:23.7	4:22.4	4:28.7	4:31.7	4:36.1	4:33.4
						4:34.0	4:40.0							
<b>3.</b>	<b>Andris Štendenbergs</b>	<b>14</b>	<b>LAT</b>	<b>20</b>	<b>1:33:56.1</b>	<b>46,0</b>								
						4:38.2	4:30.8	4:29.5	4:35.5	4:36.8	4:40.6	4:39.8	4:41.9	4:45.9
						4:43.6	5:37.8	4:39.7	4:38.0	4:37.5	4:30.9	4:38.2	4:38.3	4:38.7
						4:43.7	4:49.8							
<b>4.</b>	<b>Mārtiņš Vinters</b>	<b>21</b>	<b>LAT</b>	<b>19</b>	<b>1:31:12.9</b>	<b>45,0</b>								
						5:01.3	4:46.1	4:37.9	4:40.9	4:44.0	4:44.4	4:42.2	4:43.5	4:42.7
						4:44.0	4:50.8	4:48.0	4:50.6	4:50.0	4:53.0	4:54.4	4:52.2	4:51.6
						4:54.6								
<b>5.</b>	<b>Reinis Palkavnieks</b>	<b>20</b>	<b>LAT</b>	<b>19</b>	<b>1:31:46.1</b>	<b>44,7</b>								
						5:10.4	5:01.5	4:49.4	4:48.8	4:48.7	4:47.6	4:45.3	4:45.1	4:43.9
						4:39.8	4:48.5	5:20.2	4:37.4	4:50.2	4:43.1	4:44.5	4:43.9	4:46.5
						4:50.5								
<b>6.</b>	<b>Rolands Bleidels</b>	<b>214</b>	<b>LAT</b>	<b>19</b>	<b>1:32:07.8</b>	<b>44,5</b>								
						5:06.7	4:53.7	4:43.6	4:45.2	4:42.7	4:43.2	4:37.1	5:49.7	4:45.3
						4:41.1	4:41.3	4:41.4	4:47.0	4:43.8	4:43.9	4:46.5	5:30.7	4:41.9
						4:42.1								
<b>7.</b>	<b>Sandris Kļaviņš</b>	<b>211</b>	<b>LAT</b>	<b>19</b>	<b>1:32:35.6</b>	<b>44,3</b>								
						4:45.3	4:50.3	4:48.7	4:45.5	4:45.8	4:46.5	4:45.2	4:47.1	4:47.1
						4:51.4	4:55.0	4:54.3	4:52.6	5:16.8	4:58.1	4:53.3	4:54.0	4:58.2
						4:59.5								
<b>8.</b>	<b>Gints Bērziņš</b>	<b>135</b>	<b>LAT</b>	<b>19</b>	<b>1:33:39.7</b>	<b>43,8</b>								
						5:02.0	4:53.3	4:48.2	4:53.1	4:56.2	4:58.5	4:57.0	4:52.8	4:55.7
						4:53.7	4:56.9	4:57.7	4:56.0	4:54.8	4:54.7	4:58.5	4:58.7	4:54.7
						4:56.4								
<b>9.</b>	<b>Gustavs Kundziņš</b>	<b>3</b>	<b>LAT</b>	<b>19</b>	<b>1:34:09.0</b>	<b>43,6</b>								
						5:08.7	4:53.9	5:14.2	4:47.5	4:51.3	4:51.0	4:48.6	5:16.2	4:48.5
						4:52.7	4:54.9	4:55.2	4:56.5	4:58.6	5:01.4	5:02.1	4:51.1	4:59.3
						4:56.3								
<b>10.</b>	<b>Andrejs Safonovs</b>	<b>760</b>	<b>LAT</b>	<b>19</b>	<b>1:34:39.8</b>	<b>43,4</b>								
						5:03.7	4:49.7	4:48.7	4:45.6	4:43.4	4:45.2	4:48.7	4:50.7	5:16.4
						4:58.1	5:52.5	4:55.0	4:54.5	5:05.3	4:59.9	4:58.0	4:59.2	4:56.9
						5:07.6								
<b>11.</b>	<b>Alekss Videnieks</b>	<b>23</b>	<b>LAT</b>	<b>18</b>	<b>1:30:21.5</b>	<b>43,0</b>								
						5:17.0	4:54.0	5:00.8	4:50.3	4:46.9	4:54.5	4:49.5	4:58.3	4:53.9
						6:06.1	4:53.1	4:54.8	4:57.5	4:55.2	4:55.6	5:03.6	5:01.6	5:07.8
<b>12.</b>	<b>Jānis Freimanis</b>	<b>61</b>	<b>LAT</b>	<b>18</b>	<b>1:32:24.8</b>	<b>42,1</b>								
						5:18.0	5:01.8	5:15.4	4:59.5	5:06.9	5:12.5	5:06.2	5:07.9	5:06.5
						5:07.0	5:04.4	5:06.0	5:07.4	5:07.2	5:06.9	5:06.0	5:08.5	5:16.1
<b>13.</b>	<b>Ričards Neimanis</b>	<b>51</b>	<b>LAT</b>	<b>18</b>	<b>1:33:41.3</b>	<b>41,5</b>								
						5:19.1	5:02.3	5:08.9	5:02.6	5:07.5	5:08.3	5:08.2	5:08.5	5:06.0
						5:07.4	5:57.8	5:09.4	5:08.3	5:12.2	5:11.6	5:16.3	5:10.8	5:15.5
<b>14.</b>	<b>Uldis Skujiņš</b>	<b>6</b>	<b>LAT</b>	<b>17</b>	<b>1:30:00.8</b>	<b>40,8</b>								
						5:24.4	5:04.5	5:17.4	5:07.2	5:15.5	5:18.9	5:16.7	5:08.5	5:07.1
						5:18.9	5:18.6	5:24.2	5:40.0	5:20.2	5:20.6	5:19.5	5:18.1	
<b>15.</b>	<b>Pēteris Misiņš</b>	<b>93</b>	<b>LAT</b>	<b>17</b>	<b>1:32:51.6</b>	<b>39,5</b>								

# Pulkveža O.Kalpaka 10. piemiņas kauss Cross Country

## Irlava

Starts: 2015.11.07. 11:43

Vieta	Vārds	#	Valsts	Apļi		Laiks	Vidējais ātrums				
			5:36.5	5:15.1	5:55.5	5:10.6	5:25.0	5:26.8	5:29.7	5:30.4	5:32.9
			5:29.1	5:30.1	5:23.3	5:27.0	5:28.4	5:23.9	5:26.4	5:20.2	
<b>16.</b>	<b>Ivars Sončiks</b>	<b>35</b>	<b>LAT</b>	<b>16</b>		<b>1:32:03.3</b>	<b>37,5</b>				
			5:26.1	4:56.0	5:03.5	4:42.4	4:52.4	4:50.2	4:45.3	8:53.4	11:56.8
			5:37.9	4:57.3	4:54.5	5:25.3	5:07.8	5:20.8	5:13.0		

# Pulkveža O.Kalpaka 10. piemiņas kauss Cross Country

## Irlava

Starts: 2015.11.07. 11:43

Vieta	Vārds	#	Valsts	Apļi	Laiks	Vidējais ātrums								
<b>Klase: Hobby</b>														
<b>1.</b>	<b>Andris Hohlačovs</b>	<b>18</b>	<b>LAT</b>	<b>19</b>	<b>1:33:11.3</b>	<b>44,0</b>								
						4:46.8	4:45.6	4:46.5	4:45.9	4:44.3	4:47.9	4:46.6	4:42.5	4:42.8
						4:44.9	5:47.9	5:00.1	4:50.2	5:07.3	4:53.3	4:58.1	4:59.5	5:01.2
						4:58.9								
<b>2.</b>	<b>Mareks Zolmanis</b>	<b>295</b>	<b>LAT</b>	<b>19</b>	<b>1:33:34.0</b>	<b>43,9</b>								
						4:56.7	4:51.7	4:49.6	4:52.7	4:54.5	5:26.9	4:46.1	4:52.4	4:48.2
						4:49.8	5:28.5	4:52.3	4:50.3	4:52.5	4:51.2	4:52.5	4:48.7	4:51.0
						4:57.3								
<b>3.</b>	<b>Atis Gromovs</b>	<b>37</b>	<b>LAT</b>	<b>19</b>	<b>1:34:24.4</b>	<b>43,5</b>								
						5:05.1	5:07.4	4:52.6	4:50.4	4:52.7	4:50.7	4:54.6	4:55.6	4:54.0
						4:54.4	5:37.3	4:53.1	4:55.8	4:56.2	4:58.4	4:58.2	4:57.2	4:53.9
						4:55.7								
<b>4.</b>	<b>Mareks Birziņš</b>	<b>316</b>	<b>LAT</b>	<b>18</b>	<b>1:31:59.9</b>	<b>42,3</b>								
						5:29.0	5:03.2	5:09.2	5:03.3	4:59.3	5:05.6	5:06.2	5:09.0	5:07.6
						5:10.3	5:40.3	5:04.2	4:57.0	5:00.4	5:03.8	4:56.6	4:58.0	4:56.0
<b>5.</b>	<b>Ģirts Dubavs</b>	<b>79</b>	<b>LAT</b>	<b>18</b>	<b>1:32:01.6</b>	<b>42,2</b>								
						5:00.2	5:01.3	5:02.0	5:01.9	5:03.9	4:59.4	5:00.9	5:01.1	5:09.5
						5:12.4	5:06.7	5:09.8	5:09.2	5:10.0	5:10.0	5:15.9	5:14.4	5:12.3
<b>6.</b>	<b>Juris Hmaruks</b>	<b>705</b>	<b>LAT</b>	<b>18</b>	<b>1:33:04.6</b>	<b>41,8</b>								
						5:05.7	5:03.9	5:03.9	5:06.6	5:03.1	5:03.3	6:34.0	5:04.0	5:10.6
						5:12.4	5:04.0	5:04.6	5:04.0	5:03.3	5:05.6	5:03.6	5:06.0	5:05.0
<b>7.</b>	<b>Ivo Ģermanis</b>	<b>22</b>	<b>LAT</b>	<b>18</b>	<b>1:33:12.0</b>	<b>41,7</b>								
						5:26.8	4:56.3	5:05.7	5:49.6	5:03.0	5:05.0	5:02.1	5:05.3	5:09.8
						5:04.1	5:10.7	5:09.7	5:06.8	5:42.5	5:06.3	5:07.3	5:00.2	5:00.2
<b>8.</b>	<b>Armands Krampe</b>	<b>114</b>	<b>LAT</b>	<b>18</b>	<b>1:33:18.6</b>	<b>41,7</b>								
						5:22.6	5:04.1	5:12.8	5:01.6	5:07.9	5:07.5	5:11.4	5:05.3	5:07.3
						5:10.1	5:09.3	5:10.2	5:12.2	5:49.7	5:06.7	5:02.6	5:08.0	5:08.5
<b>9.</b>	<b>Gints Sermols</b>	<b>98</b>	<b>LAT</b>	<b>18</b>	<b>1:33:32.0</b>	<b>41,6</b>								
						5:27.5	5:08.6	5:13.6	5:05.9	5:06.9	5:11.2	5:11.1	5:06.8	5:14.3
						5:09.4	5:14.7	5:14.3	5:15.0	5:15.6	5:07.7	5:11.4	5:06.7	5:10.6
<b>10.</b>	<b>Ēriks Bērziņš</b>	<b>27</b>	<b>LAT</b>	<b>18</b>	<b>1:34:46.1</b>	<b>41,0</b>								
						5:12.0	5:01.8	5:13.0	5:04.5	5:07.7	5:13.4	5:19.2	5:12.7	5:11.5
						5:15.3	5:22.0	5:16.8	5:50.9	5:10.5	5:11.7	5:15.3	5:36.5	5:10.7
<b>11.</b>	<b>Juris Munkevics</b>	<b>741</b>	<b>LAT</b>	<b>18</b>	<b>1:35:06.0</b>	<b>40,9</b>								
						5:31.7	5:13.1	5:17.7	5:07.3	5:10.8	5:13.1	5:09.3	5:07.8	5:09.8
						6:18.8	5:11.7	5:13.9	5:25.0	5:20.0	5:12.2	5:09.0	5:07.8	5:06.1
<b>12.</b>	<b>Gatis Megris</b>	<b>5</b>	<b>LAT</b>	<b>17</b>	<b>1:30:26.9</b>	<b>40,6</b>								
						5:30.0	5:09.0	5:28.4	5:13.3	5:17.4	5:15.5	5:15.7	5:19.4	5:17.9
						5:21.1	5:20.9	5:20.3	5:20.8	5:19.5	5:20.6	5:19.9	5:16.5	
<b>13.</b>	<b>Renijs Āboliņš</b>	<b>28</b>	<b>LAT</b>	<b>17</b>	<b>1:30:43.4</b>	<b>40,5</b>								
						5:33.2	5:14.1	5:41.7	4:52.7	5:15.3	5:12.0	5:19.1	5:20.2	5:17.2
						5:21.0	5:18.5	5:21.2	5:21.2	5:33.4	5:22.2	5:18.1	5:21.7	
<b>14.</b>	<b>Andrejs Kukojs</b>	<b>630</b>	<b>LAT</b>	<b>16</b>	<b>1:31:39.1</b>	<b>37,7</b>								
						6:32.5	5:26.4	5:40.4	5:41.7	5:42.7	5:47.7	5:44.1	5:47.9	6:04.9
						5:47.4	5:44.2	5:33.2	5:35.7	5:32.8	5:29.8	5:26.9		
<b>15.</b>	<b>Jānis Misiņš</b>	<b>111</b>	<b>LAT</b>	<b>16</b>	<b>1:31:43.3</b>	<b>37,7</b>								
						5:53.2	5:10.5	6:01.3	5:39.7	5:41.4	5:44.3	5:49.3	5:43.6	5:42.7
						5:44.8	5:45.4	5:46.2	5:44.9	5:47.5	5:43.4	5:44.4		
<b>16.</b>	<b>Matīss Birziņš</b>	<b>19</b>	<b>LAT</b>	<b>11</b>	<b>0:57:15.5</b>	<b>41,5</b>					<b>izstājies</b>			
						5:13.7	5:04.3	5:09.9	5:19.0	5:03.0	5:08.1	5:04.1	5:07.0	5:06.1
						5:57.7	5:02.2							
<b>17.</b>	<b>Dairis Zaļais</b>	<b>15</b>	<b>LAT</b>	<b>0</b>							<b>izstājies</b>			

# Pulkveža O.Kalpaka 10. piemiņas kauss Cross Country

## Irlava

Starts: 2015.11.07. 11:43

Vieta	Vārds	#	Valsts	Apļi		Laiks	Vidējais ātrums					
<b>Klase: Seniori</b>												
<b>1.</b>	<b>Einārs Vinters</b>	<b>4</b>	<b>LAT</b>	<b>20</b>		<b>1:34:19.8</b>	<b>45,8</b>					
				4:37.4	4:37.7	4:36.7	4:39.6	4:40.2	4:42.9	4:43.4	4:41.9	4:40.7
				5:02.9	4:44.9	4:47.7	4:41.2	4:40.3	4:37.2	4:40.4	4:38.4	4:49.6
				4:47.3	4:48.5							
<b>2.</b>	<b>Jurijs Žižkuns</b>	<b>117</b>	<b>LAT</b>	<b>18</b>		<b>1:30:35.7</b>	<b>42,9</b>					
				5:02.6	4:55.2	5:14.3	4:59.6	4:56.2	4:56.7	4:59.9	5:00.3	4:59.4
				5:03.3	5:02.8	5:01.0	5:00.9	5:07.0	5:03.6	5:04.3	5:02.4	5:05.2
<b>3.</b>	<b>Jurijs Kovgers</b>	<b>88</b>	<b>LAT</b>	<b>18</b>		<b>1:32:05.6</b>	<b>42,2</b>					
				4:58.5	4:52.1	4:50.2	5:00.5	4:56.6	4:59.8	4:54.9	4:56.0	5:03.5
				5:06.2	5:01.4	5:04.2	5:09.5	5:20.8	6:12.8	5:14.4	5:15.1	5:08.3
<b>4.</b>	<b>Uldis Veidenieks</b>	<b>25</b>	<b>LAT</b>	<b>18</b>		<b>1:34:53.4</b>	<b>41,0</b>					
				5:25.4	5:09.5	5:25.1	5:00.3	5:10.0	5:18.3	5:13.9	5:12.4	5:09.0
				5:25.5	5:11.0	5:16.8	5:18.2	5:18.7	5:15.7	5:17.6	5:19.4	5:25.7
<b>5.</b>	<b>Valdis Mednis</b>	<b>234</b>	<b>LAT</b>	<b>15</b>		<b>1:33:23.4</b>	<b>34,7</b>					
				6:07.5	5:53.5	5:55.6	6:03.1	6:06.3	6:11.9	6:11.3	6:25.2	6:17.1
				6:13.7	6:57.6	6:31.6	6:10.7	6:09.5	6:08.2			
<b>6.</b>	<b>Dzintars Mednis</b>	<b>134</b>	<b>LAT</b>	<b>15</b>		<b>1:33:29.0</b>	<b>34,7</b>					
				6:06.0	5:57.3	5:57.2	6:04.1	6:08.5	6:18.7	6:15.3	6:13.4	6:15.0
				6:15.8	6:18.7	7:10.3	6:08.4	6:07.7	6:11.9			